

**CAPITAL COMMUNITY COLLEGE**  
**COURSE OUTLINE**  
***INTRODUCTION TO NURSING***

**SECTION I**

**SUBJECT AREA & COURSE NUMBER:** **NURS 005**

**COURSE TITLE:** *Introduction to Nursing*

**LECTURE HOURS PER WEEK:** **3**      **CREDIT HOURS:** **N/C**

**PREREQUISITES:** Successful completion of first 2 semesters of the Pre-Nursing program.

**SECTION II**

**A. SCOPE**

The purpose of this course is to introduce the student to the fundamentals of nursing. Upon completion of this unit, the student will demonstrate skill in:

1. Evaluating the nursing role
2. Utilizing the problem-solving process
3. Organizing time and handling equipment
4. Describing selected activities fundamental to Nursing
5. Practice test-taking skills
6. Develop and practice critical thinking skills
7. Utilize college resources and support services, e.g., Library, Counseling, tutors, mentors, Learning Center, Math Center.
8. Practice math skills to solve medication administration problems.
9. Develop and practice effective study habits.

**B. REQUIRED WORK**

1. The student will be assigned selected computer and video tutorials
2. The student will use the internet, library, books, journals, and other nursing related resources.
3. The student will attend a mandatory shadow experience at an assigned hospital with a second year Associate Degree Nursing student.

## **C. ATTENDANCE AND PARTICIPATION**

Successful completion of this unit is based on:

1. **Class attendance**
2. **Class participation**
3. **Group /club participation**

## **D. METHODS OF INSTRUCTION**

**Lecture/Discussion**  
**Group activities**  
**Guest lecturers**  
**Computer programs**  
**Videos**

## E. OBJECTIVES, OUTCOMES, ASSESSMENT

The following objectives and outcomes represent the department’s core requirements for student achievement.

<b>Goals, objectives, and outcomes</b> Upon successful completion of the Pre-Nursing Program, the student will:	<b>Courses with related objectives</b>
<ol style="list-style-type: none"> <li>1. Demonstrate readiness to enter the Associate Degree Nursing Program               <ol style="list-style-type: none"> <li>1.1 Explain Nursing as a major and a profession                   <ol style="list-style-type: none"> <li>a. Learn the multiple components of the nursing role</li> </ol> </li> <li>1.2 Integrate science and health care.                   <ol style="list-style-type: none"> <li>a. Tour a large metropolitan hospital</li> <li>b. Shadow a second year nursing student</li> <li>c. Write a paper reflecting the integration of science and healthcare.</li> </ol> </li> <li>1.3 Successfully complete Critical Thinking (HC105) and Introduction to Nursing (005)</li> <li>1.4 Improve reading skills                   <ol style="list-style-type: none"> <li>a. Demonstrate reading comprehension skills</li> <li>b. Employ pre-reading strategies</li> <li>c. Take notes from reading</li> <li>d. Adjust strategies to reading across the curriculum</li> <li>e. Demonstrate improvement in reading, vocabulary, and comprehension level by advancing at least two grade points, or better, as indicated by the post-Accuplacer tests.</li> </ol> </li> <li>1.5 Manage time and goals effectively                   <ol style="list-style-type: none"> <li>a. Successfully complete the Pre-Nursing IDS-College Success class</li> <li>b. Submit assignments on time</li> <li>c. Demonstrate skills in setting priorities</li> <li>d. Identify strategies to complement one’s own learning style</li> </ol> </li> <li>1.6 Employ college resources                   <ol style="list-style-type: none"> <li>a. Use available academic and counseling support when needed.</li> <li>b. Utilize the Learning Center, Library, and Computer Lab.</li> <li>c. Extrapolate necessary information from catalogs and handbooks.</li> </ol> </li> </ol> </li> </ol>	<p><b>IDS 105</b>  <b>HC 105</b>  <b>NU 005</b>  <b>ENG</b>  <b>MATH</b></p>

<p>2. Demonstrate behaviors that lead to academic success</p> <p>2.1 Display responsibility for learning</p> <ul style="list-style-type: none"> <li>a. Attend classes regularly, on time and prepared</li> <li>b. Attend individual conferences scheduled monthly</li> <li>c. Display knowledge, complete, and (where necessary) make up assignments.</li> <li>d. Employ study skills appropriate to personal learning styles and course content.</li> </ul> <p>2.2 Demonstrate academic integrity</p> <ul style="list-style-type: none"> <li>a. Submit his/her own work</li> <li>b. Display respect for others in class</li> <li>c. Cite sources using accepted academic principles and format</li> </ul> <p>2.3 Display interpersonal skills and appreciation of cultural and ethnic differences.</p> <p>2.4 Integrate health-science themes and problem-solving methods through math, reading, writing, and literature courses.</p>	<p><b>IDS 105</b>  <b>HC 105</b>  <b>NU 005</b>  <b>ENG. 001,</b>  <b>101, 002,</b>  <b>102, 006</b>  <b>MATH</b>  <b>046,080</b>  <b>BIO 101,</b>  <b>208</b>  <b>CHEM 111</b></p>
<p>3. Demonstrate effective communication skills</p> <p>3.1 Write effectively</p> <ul style="list-style-type: none"> <li>a. Organize, connect and develop ideas</li> <li>b. Employ appropriate styles and correct mechanics of writing.</li> <li>c. Use research skills</li> </ul> <p>3.2 Exhibit listening skills</p> <ul style="list-style-type: none"> <li>a. Take notice effectively</li> <li>b. Voice question when unsure</li> <li>c. Follow directions</li> </ul> <p>3.3 Speak effectively</p> <ul style="list-style-type: none"> <li>a. Participate constructively in classroom discussions</li> <li>b. Deliver oral presentations</li> </ul> <p>3.4 Support ideas effectively</p> <ul style="list-style-type: none"> <li>a. Construct logical arguments showing appropriate evidence.</li> </ul>	<p><b>ENG 001,</b>  <b>002, 006,</b>  <b>101, 102</b></p>
<p>4. Apply mathematical and scientific reasoning</p> <p>4.1 Demonstrate thinking critically</p> <ul style="list-style-type: none"> <li>a. Recognize and state a problem</li> <li>b. Analyze complex ideas</li> <li>c. Draw inferences from facts</li> <li>d. State and test alternatives</li> <li>e. Evaluate results and draw conclusions</li> <li>f. Present logically valid arguments</li> </ul>	<p><b>MATH 046</b>  <b>MATH 080</b>  <b>CHEM 111</b></p>

<p>4.2 Display basic mathematics literacy</p> <ul style="list-style-type: none"> <li>a. Demonstrate mastery of arithmetic and algebra skills as indicated by a grade of 80% or better on the post-Accuplacer test</li> <li>b. Apply concepts related to fractions, decimals, and percents</li> <li>c. Select and perform numeric operations</li> </ul>	<p><b>MATH 046</b> <b>MATH 080</b> <b>HC 105</b></p> <p><b>MATH 046</b> <b>MATH 080</b></p>
<p>5. Demonstrate competence with information sources and technology</p> <ul style="list-style-type: none"> <li>5.1 Utilize a word-processor <ul style="list-style-type: none"> <li>a. Use drafting and revision tools, including spell-check</li> <li>b. Format papers appropriately</li> </ul> </li> <li>5.2 Use on-line resources effectively <ul style="list-style-type: none"> <li>a. Search internet cites critically</li> <li>b. Use library data bases for research</li> </ul> </li> </ul>	<p><b>IDS 105</b> <b>NU 105</b> <b>HC 105</b></p>

## F. TEXTS AND MATERIALS:

Gray, Calculate with Confidence, Mosby-Yearbook, Inc., St. Louis, MO

Potter and Perry, Fundamentals of Nursing, Mosby Co., St Louis, 2001

Potter and Perry, Fundamentals of Nursing Study Guide, Mosby Co., St Louis, 2001 (student workbook) Optional

Nugent & Vitale, Test Success, 3<sup>rd</sup> Edition, F.A. Davis Publishing Co., 2000

## G. INFORMATION TECHNOLOGY